



NEWSLETTER



Established 1996

August 2011

Next Meeting: August 17th, 2011 Lakeside Firehouse 2922 W. White Mt Blvd Lakeside, AZ

WMFFC Mission Statement

The Mission Statement of the White Mountain Fly Fishing Club is: "To assist in the development and maintenance of fly fishing opportunities and to promote and participate in fly fishing in its many forms."

We support and practice of "Catch and Release." We support the use of Barb-less Hooks and harmless netting and release practices. Fish should never be held out of water for longer than you can hold your breath.

"Tight Lines"—President's Column:

Greetings from the high water unfishable northwest – maybe mid-August or scuba gear but definitely not #22 midges.

First, I sincerely appreciate the confidence the club membership has in me to serve as President for the next two years. As many of you know, I am and will be very proactive in teaching and sharing the skills of the wonderful sport of fly fishing.

I now want to share from our club, the most heartfelt THANKS to Ken Wolf for his unselfish commitment these past 2 years as our President in promoting the club, fly fishing, and the community in the White Mountains. I look forward to working with Ken as Past President and Board member. Again THANK YOU KEN.

Just a general outline of programs I would like to promote and include in our club fishing agenda for the next year:

1. Stream and lake fishing seminars on techniques, equipment and actual on water experience.
2. We will continue our fly tying classes throughout the year.
3. Promoting the very important club Fishing Buddy Program. Experienced members taking other club members fishing and reaching out and call less experienced members or new members to share our experience and promote fly fishing.
4. We have just started building a relationship with the Wounded Warriors Program to teach fly fishing to those wounded men and women recovering from war related injuries in Iraq and Afghanistan. We will continue with our ongoing programs for Project Healing Waters that addresses all veterans and Casting for Recovery Programs.

Plans are being made for a club trip to the San Juan River in late October/early November which will include, hopefully, members of our Armed Forces. A schedule and date will be available soon. I encourage all club members to go fishing on the San Juan on this trip.

5. Fly casting lessons and techniques will be held at our casting pond at Mountain Meadows Park in Pinetop from 3-5PM prior to each club meeting while weather permits.

The board and I would appreciate any suggestions for other programs, charitable, or outdoor fishing needs in the White Mountains. All Board meetings will remain open to all club members to attend. Scheduled meetings will be announced at monthly meetings or sent to all members via e-mail.

We now have a new 5'x8' club trailer with our logo and website on the sides for club outings and events. What a great improvement from the green coffin that fell off its wheels!

I look forward to be back for our September meeting and outing. Please feel free to contact me at 602-316-0948 or azsunrise47@yahoo.com.

Michael Smith
President
WMFlyFishing.com

2011 WMFFC Board Members

President:Mike Smith.....	(602) 316-0948
Past President:Ken Wolf.....	(928) 367-0936
Vice President:Gerry Myers.....	(480) 820-9709
Secretary:Georganne Jannenga.....	(602) 320-6388
Treasurer:Dawn Hewitt.....	(480) 695-3965
Board Member #1:Bob Bowers.....	(928) 367-5579
Board Member #2:Craig Harmon.....	(928) 532-1372
Board Member #3:Richard Dreyer (1-Yr. Term).....	(928) 368-3562
Membership Chairman:Dennis Jones.....	(928) 367-6124
Conservation Chairman:Gary Miller.....	(602) 439-3262
Newsletter Chairman:Dawn Hewitt & Sparky Snyder	(928) 521-0929
Outings Chairman:Ted Lambert	(928) 537-2115
WebsiteDon Stier- Maplegate Technologies.....	(928) 537-9006

August 17th Monthly Meeting at 6:30PM

Agenda:

- Social Hour - (5:30PM) (*Buy your Raffle Tickets!!!*)
- Call to Order -- (6:30PM)
- Pledge of Allegiance
- Introduction of Guests and New Members!
- Committee Reports
- Business
- Fish Tales
- Raffle
- **Program - We are fortunate to have a return visit with Jack Houck.** Jack is an Arizona guide and works at the Orvis shop in Scottsdale. In addition, Jack is very active in planning, guidance and environmental meetings that could impact fishing in Arizona. At our meeting he will be giving a presentation on the Rim Lakes fishing. These are often lakes we overlook yet are no longer driving times than heading up to Reservation Lake or other waters we frequent. Jack knows these lakes and can provide a great overview of each.

In September we will have a presentation by Mike Lopez of Arizona Game and Fish on the status of the lakes and stream after the Wallow Fire. Mike will address the good points and the issues where our club can be of assistance. We will also have a short presentation on the White Mountain Lakes Foundation on its goals and objectives.

White Mountain Lake Foundation -- Update Summer 2012

- Summer is here along with the annual Monsoons. The White's have been receiving much needed moisture from the seasonal rains, thankfully. Some of the lakes are low so the more rain the better....bring it on.
- The Becker Lake project is partially completed. Power, sanitation facilities and pads have been cleared for lake host, Andrew Piazza. Concrete pads for the trailers will eventually be poured, but have been put on hold for now due to lack of manpower. The fires changed priorities of the AZG&F Dept and understandably so. Possibly an automatic gate will be installed as well, but is still in the thought process for now. Becker is in summer mode now, making it more difficult to catch the rainbows. According to Kelly Meyers, AZG&F Fisheries Biologist.... not to worry, they are still feeding and growing. This coming Fall should be interesting as to how big the fish will get in their second full year.
- As of this writing only Luna Lake has suffered any trout die off and that was minimal. Not sure of the cause, possibly from some ash from the fires or maybe low oxygen content. This is an instance where possibly WMLF could provide some aid in the future.
- WMLF is currently on a fund raising mission to collect funds for four portable aerator systems to be used by AZG&F for just such problematic lakes. Each aerator system will run an estimated \$25,000 each so if you haven't already joined...now is a good time. These portable aerators will be used anytime a lake is in jeopardy of losing fish due to lack of oxygen content in the water. It may save an entire generation of trout and provide a better opportunity to catch bigger trout the following season....our goal.
- WMLF has grown to around 80-85 members now. We are always seeking new membership...individuals, clubs, businesses, etc. If you know of someone who may be willing to help the cause....direct them to our website at www.wmlf.org.
- I hope your summer has already or will find you on some good water. I look forward to the day when I can stay right here in Arizona and have the opportunity to catch all the big fish I want.

John Rohmer
President WMLF

2011 Outings and & Events...Ted Lambert, Outings Chairman

July Outing – Reservation Lake – Sponsored by Jesse Culty

Like the Thomas Kincaid painting, *The End of a Perfect Day*, Reservation Lake offered a similarly perfect day for WMFFC members who participated in the July outing. Blue skies and rolling white clouds were mirrored in the water of the tree lined lake. Deer and Elk grazed in the meadows. A Bald Eagle soared overhead. Osprey circled, indicating where trout were close to the surface. Pontoon boats dotted the coves, where shouts of woo hoo! could be heard, announcing a hook-up.



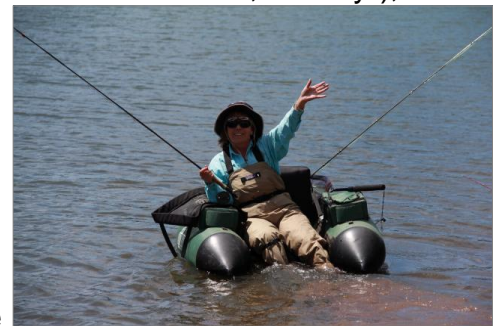


The fishing was great. Nearly everyone caught fish, and some members were hard pressed to remember how many they caught. In fact, P.J. Pellerino was having such a good day he never even came in for lunch! Several new members were assisted by the regulars, who provided instruction on everything from fly selection to casting, to information on fly rods, fly line and boats.

The potluck was scrumptious as usual, with members

contributing homemade chili stew, pasta salad, fresh fruit salad, brats and other delicious items. In a big circle with plates of food on our laps, everyone sat around and visited awhile before heading back out to the water for a second round of fishing.

Six WMFFC members arrived early on Friday and camped overnight. Three members camped Saturday through Monday. In all, twenty-seven fly-fisher men and women and guests attended the outing, including Bill Langdon, Dick Davis, Dave Butler, John Potts, Fran and Don Stier, Guy Money (and his Boston Terrier Collie mix, "Buddy"), Sharon and Rick Tesinsky, Mike and Faye Styvaert and their granddaughter Brianna, Bob and Bonnie Henry, Doc Dockendorf, Skip Walstad, Jerry Harmon, Craig Harmon, Dennis Jones, P.J. Pellerino, Jerry Myers, Keith Spain, Jim Zangger, Ray Carson, and Lyle Underdown.



Jesse Culty and her dad, Nick, whose family has been camping at Reservation Lake for decades, enjoyed hosting the outing. Nick could be heard

telling members about the many happy memories the Culty family has had at the lake. Jesse summed it up in a few words, when she said, "Reservation Lake is the most beautiful lake on the mountain, and it's our favorite spot on the planet." Jesse and Nick would like to thank everyone who attended the outing and hope that WMFFC members will want to make it an annual event.

Future Outings:

<u>Date</u>	<u>Location</u>	<u>Sponsor</u>
August 20, 2011	Big Lake	NEED VOLUNTEER
September 24, 2011	Sunrise Lake	NEED VOLUNTEER
October 22, 2011	Hawley Lake	NEED VOLUNTEER
November 12, 2011	Horseshoe Lake or Scott's Reservoir	NEED VOLUNTEER
December 11, 2011	Christmas Party at Licano's Restaurant	NEED VOLUNTEER

Treasurers Report ... Submitted by Dawn Hewitt, Treasurer

More Great news!!! The club has purchased a new 5' x 8' self-contained trailer for all our outing gear and to take to various events. The total cost including permanent registration was \$2,103 and our annual insurance is \$24. This was all possible because of the generosity of our members and guests at our annual fund-raising banquet.

Our current bank balance is \$11,508.12. This will increase as membership renewals, due July 1st, keep trickling in.

July 20th Meeting Minutes... Submitted by Georganne Jannenga, Secretary

The meeting was called to order at 6:30 p.m. by Jerry Myers, Vice President, in the President's absence. The Pledge of Allegiance was said. The guests were introduced by Dennis: Bob Henry, John Potts and Fred Shook.

Membership Report: Dennis stated that we have lots of new members and that it is now time for membership renewals. The membership year expired on 6/30. Dues can be mailed to our post office box or dropped off to any Board member. Name tags can be picked up. We make our own now.

Secretary's Report: A motion was made to approve the minutes that were printed in the newsletter from last month's general meeting. The motion was first and seconded and so approved. Georganne to send a thank you note to Wes Nakata (see below).

President's Report: Jerry Myers, Vice President, stated that at this annual meeting it was required that we read our financials and go over any changes to our by-laws. Because of changes we made in July of last year we are now a 501 3 C. Jerry then read over the current by-law changes. After a review of the by-laws a motion was made and seconded to approve the changes. The motion passed and the by-law changes were adopted. Jerry stated that the annual Banquet was a great success and that Wes Nakata donated his entry fee back to the Club. Jerry thanked everyone who assisted with the Banquet this year. Jerry also gave a report on the new trailer and said that High Country Signs can make us 10 x 10 decals for our vehicles at \$20 each. They can also do specialty license plates. Jerry to investigate further and prices to be in the newsletter.

Treasurer's Report: In Dawn's absence, Georganne read the annual Financial Statement Summary Report. Jerry stated that we gave \$2K to Becker Lake through the White Mtn. Foundation for improvements such a septic, electric, cement pad, etc. The pad for the host trailer is not in yet (per Kelly), but should be by early fall. A discussion was held in regards to needing shade for Andrew, the host, who greets and explains the new regulations to fishermen out at Becker. Georganne also read the Financial Statement from our annual banquet.

Election Report: The election committee consisted of Fran and Mike Smith. Most of the voting was done online. Thirty-three out of 101 club members voted. Results are as follows:

Mike Smith - President, Georganne Jannenga - Secretary, Bob & Craig to two year Board terms, and Richard took the remainder of Mike's one year Board term. The election results will also be printed in our newsletter.

Outings Report: Next weekend is the trip to Reservation Lake and, according to Nick, it is the most beautiful lake in the White Mtns. We've always had great luck there. Roads 273 and 116 are now open. The roads are firm and there are some burnt trees. There is no shade, so camp on the Reservation. Signs will be up. The potluck is at the point at the end of the road. There is a dirt ramp. We have canopies, grills and tables. Bring a dish to pass around for the potluck at noon. You will need a camping permit, and non-fishermen will also need a \$2 recreation permit. You also need a boat permit if your boat has a motor. Carpoolers to meet at HonDah at 8:30 a.m. The store is open. Use anything with red tails for fishing. The August outing is Big Lake. We can use the ramada. Need a volunteer to organize. See Jerry if interested. Jerry noted that Dave Phelps turned 80 and donated all kinds of equipment to our Club. Jerry to send him a letter of appreciation and a receipt.

Miscellaneous: Craig gave a report on Project Healing Waters. He said 21 vets signed up. It was our biggest class yet. Fred, who met us at the VFW through Project Healing Waters, is proof of what a great project this is. He caught a 24 ½ inch trout! There were 23 volunteers from our

Club. We want to thank the VFW in Show Low for hosting this event, as well as Joe Wood, the Canteen Manager there. There were 7 Young Marines and 18 people at Silver Creek. Because of the fire, the event couldn't be held in Greer. Craig then recognized all the volunteers for this project with patches. Jerry mentioned that it was not just the money donated, but the man-hours too!

Fish Tales: Becker is good; 18 - 21 in. Crescent has an algae bloom but good fish. Sunrise has been good; 14 - 16" in 7 feet of water. Fish early p.m. because of monsoons; 4 p.m. to dark. Canero is good for dries; 14 - 16 in. 20-30 caught in a 4 to 5 hour period. It's good to walk on the grass at Canero to get in and out. Big Lake is good but the fish are small. Brown Montana Nymphs and foam flies were mentioned. Sunrise is "hot."

Raffle: The monthly raffle was held and a reminder was stated about the gun raffle to be held 10/19. Tickets are \$5 each.

Adjournment: The meeting was adjourned at 7:42 p.m.

Program Presentation – Joanne Feller – July 20 meeting – “Hypothermia”

We were fortunate enough to have Joanne Feller speak on the subject of **Hypothermia** at our July general meeting. Joanne is a registered nurse and is internationally certified in emergency nursing. Joanne will be teaching a two-day first aid class at the College this October. This was a very informative presentation and may help to prevent potential future Club mishaps, so thank you again Joanne!

Some of the highlights of her presentation were:

The definition of hypothermia is when the body is losing heat faster than it can replace it. Our body's MM, muscle mass, and adipose fat are what generate heat, with our adipose fat acting as an insulator with 80% going into heat production. Joanne explained that hypothermia can happen any time of year.

To prevent hypothermia, make sure you have movement and exercise, are drinking enough water and wearing the proper clothing (especially...wear socks)! It is also always a good idea to carry a change of clothes in your car. If someone should fall in the lake and get wet, you should get them out of their wet clothes immediately and you can put them in a vehicle and turn on the heater.

Some people may have little muscle mass due to inactivity, and small or older people may not have any fat store to help their bodies recoup. If a person has improper clothing that causes a huge heat loss, get their clothes off asap and warm them up. Certain illnesses and medications may make a person more susceptible to hypothermia, as does wind, rain, snow and cold, and also sunburn and altitude. The first sign of altitude sickness is usually a headache. Exhaustion, nausea and vomiting may follow, especially if the person has had no food or water. According to Search and Rescue, young males under 25 from the Valley are most susceptible to this, as they may have had no breakfast and been partying the night before. So it is very important to be sure to eat and drink before undertaking physical activities.

To administer first aid to a person who you suspect may be suffering from hypothermia, you can do the following: If the person is conscious and can swallow, give them some glucose gel, or something with a high sugar content, such as frosting, restaurant sugar, or Jell-O dissolved in water. If it is liquid it does not need to be heated. Do not give alcohol to a person you think is suffering from hypothermia. Alcohol and recreational drugs mess up the brain's ability to thermo-regulate. Also, alcohol acts as a diuretic and makes one go to the bathroom a lot. If have a dog with you, the dog's body heat can be used to help warm the victim in the event of an emergency.

Infants and toddlers do not yet have the ability to regulate their body heat, so be especially careful with little ones. They don't shiver or show heat or cold stress easily. They have a higher metabolism so make sure they are not hungry, that they have plenty of water, the appropriate warm clothes and that they stay dry.

When fishing, it was suggested you not stand still in your waders in cold water, because you could be developing hypothermia and not even realize it until you try to move and then realize that you have lack of muscle coordination. And also, as a note to a few of our members, "older" bodies are more susceptible because their systems are less efficient.

Joanne then listed the "umbles" to watch for that may be indicators of hypothermia. They are: **stumbling, grumbling, mumbling and fumbling**. Also if the person is experiencing a personality change, their brain may be low on fuel. Or if they appear unusually quiet or their affect is "flat" as if they "checked out". These could be indicators of low blood sugar or heat exhaustion also.

Shivering generates body heat, but if you have no food or water you won't shiver. Diabetics have similar reactions. Low blood sugar is more dangerous than high. Get a glucose source into the person, and carbs are good as well. Liquids are better than solids because they metabolize into the system more quickly.

At this point, a demonstration using Fran as a "model" was done, putting her inside a solar blanket. A discussion was held as to grouping together with skin-to-skin contact to generate body heat. Fran had everyone cracking up when she said "I don't particularly like seeing you guys naked when you are cold!" It was also suggested that we teach children these same techniques, because kids can be out playing in a lake or around ice and fall in and they need to know what to do to help their friends when minutes count.

Joanne then showed us her emergency kit and stated that it is important to always have a fire starting source. A 9V battery with cotton and petroleum or steel wool is useful. You can also put a cotton ball with some Vaseline in an empty film case to use to start a fire. She said it is also good to carry a non-tearable space blanket. You can also put a dog blanket on the ground for insulation. Even a garbage bag or a car floor mats will work in a pinch. Try direct skin to skin contact if nothing else works to keep each other warm. You can use a garbage bag and cut face and arm holes. She showed us a way to cut the bag on an angle so that your head was still under cover. You can also duct tape the hem to keep the body heat in. You can buy a bivie sack for \$16.99 @ Ace. It's good to keep your face out, but always put a hat on to trap heat loss from your head.

And ALWAYS, stay with your vehicle and stay together as a group. And lastly, remember that a person in trouble may have a head injury or a medical condition. If either of these is suspected, don't let them drive. The presentation ended with a brief discussion about the "Good Samaritan" law.

2011 ELECTION RESULTS – Reported by Fran Stier:

The club elections for officers and board members began June 8th, 2011 and ended at 6:00PM on July 8th, 2011. The on-line voting utilized the website “Forums” area for members linked to the website, and paper ballots were sent out with the newsletter for members who do not have access to e-mail. The total votes received were 33 out of 101 members.

President: Mike Smith

Secretary: Georganne Jannenga

Board Members at Large:

Two yr. term: Craig Harmon & Bob Bowers.

Richard Dreyer was appointed to a one year term to fill the vacant position left by Mike Smith, who was elected President.

Congratulations to our New Board!

IF YOU ARE FISHING AT BECKER LAKE AND OBSERVE VIOLATIONS OF THE NEW CATCH AND RELEASE POLICY PLEASE CALL OPERATION GAME THEIR IMMEDIATELY AT 1-800-352-0700.



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